

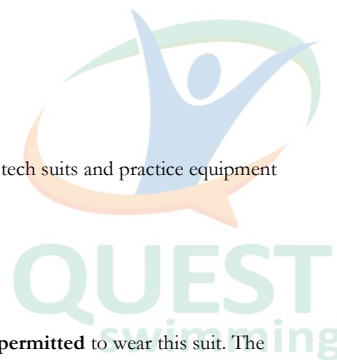
Quest Swimming Uniform Policy

The goal is “**ONE TEAM PRESENCE**” therefore, “**ONE UNIFORM**”.

This displays pride in your team and often times differentiates Quest from other teams.

Quest Swimming is proudly sponsored by Arena. Families should purchase their swimmer’s Arena apparel, team suits, tech suits and practice equipment through the team’s dealer, Swim Outlet.

Online at: <https://www.swimoutlet.com/collections/questswimming>



TEAM UNIFORM at swim meets is as follows:

- Black Arena Quest team suit for girls and boys ages 12 and under
 - Black Arena PowerSkin ST 2.0 Classic Cut **required** for girls 13 and over. 12 and under girls **are not permitted** to wear this suit. The PowerSkin ST 2.0 Jammer is *optional* for all boys, regardless of age.
 - Black Arena Quest cap
 - Black or White Quest Swimming logo t-shirt, mesh jersey or sweatshirt
 - Predominantly Black pants or shorts – with or without Quest logo
 - Quest Arena Team Backpack-(this is required within the first 6 months of joining the team. During this 6-month time a solid black backpack can be used). **No other team backpacks or apparel are allowed.**
1. Swimmers are required to be in team uniform while on deck at the meet facility. This includes walking out for finals and podium medal presentations.
 2. Only use Quest team vendors for personalization and team recognition on uniform items. This helps to maintain uniformity.

Tech Suit Policy:

Technical suits are allowed at the following championship meets and must be Arena brand and must be predominantly black or a dark grey color. **NOTE:** This has occasionally been problematic when swimmers make choices that are different from this instruction and without approval. These choices are not allowed and may require behavior modification from the coaching staff. We are under a signed contract with Arena and have been for 10+ years. Quest is expected to be 100% compliant at this time.

- Virginia District & Region Championship (February & July)
- Virginia Age Group Championships (March & July)
- Senior State Championships (March & July)
- ISCA and Jr. & Sr. National Championships (March & August)
- Christmas Championships (December)
- Other meets at the discretion of the coaching staff

Tech Suit Restrictions for 12 and Under Athletes:

The tech suit restrictions, proposed by the Age Group Development Committee, will go into effect for 12-and-under swimmers beginning September 1, 2020. Below is the link to the article on USA Swimming and a to the ARENA **restricted** and **approved** suits for 12 and under athletes.

<https://www.usaswimming.org/news/2020/08/24/tech-suit-restriction-for-12-and-under-swimmers>

<https://www.usaswimming.org/docs/default-source/rules-regulations/tech-suit-restrictions/arena121520.pdf>

Frequently Asked Questions

Where do I find the list of items that my swimmer needs?

You can find this under the team resource page on the website. Under the resource tab, then Practice Equipment by Group.

Where to order Quest items?

https://www.swimoutlet.com/collections/questswimming	www.questboosters.org
All Arena items (team suits, warm-ups, arena brand apparel, bags and etc.) Practice Equipment (fins, paddles, snorkels, buoys, kick boards, D Bands and mesh bags)	CAPS (either the Quest Swimming Website under Swim Team Tab or the Quest Booster website under the Spirit Store Tab) All other items (t-shirts, tanks, sweatshirts, sweatpants, etc..)

How do I order caps? https://www.questboosters.org/store/c4/Swim_Caps.html

Where do I order Quest Swimming spirit wear?

<http://www.questboosters.org/spirit-store.html>

How do I receive the items I ordered at Quest Boosters?

After your order is placed at www.questbooster.org, please allow 2-3 weeks for your order to be completed. Upon completion your order will be delivered to the pool. You will receive an email when your order is ready for pickup.

Please visit the Team Resources Page on the website to find answers to other popular questions.